

## RESURRECTION

*Take a step towards your loving Father (the golden bowl) and see his promises, that are true forever:*

**Jesus is risen!  
He indeed is risen!  
Halleluja!**

**See, I'm doing a new thing! (Isaiah 43:19 and Revelation 21:5-7)**

### Take Home

God's promise, God's blessing is with you.

*Take one.*

*To work.*

*On the train.*

*When you go out shopping*

*Into your home.*

*Into your heart.*

*Wherever you go.*

*You are and always will be His beloved child.*

*Forever and ever.*

*If you would like to take the picture home with you:*



*Or on youtube: Steps into Life Come and see*

## Come and See – an Easter meditation

### WELCOME

**Welcome! It's lovely to see you!**

I wonder: where you've come from – right now?

Maybe you've come on the train?

Or: have you just been out shopping?

Maybe you have come from work?

Or: you've come from home?

However you got here:

**It's so good that you are here – with all that is within you.**

We invite you to take a moment, or two...

To look at the picture

To meditate

To see, feel, hear.

We are glad you are here.

**It's good to see you!**

### THE LIFE OF JESUS – MY LIFE

Jesus' life was filled with many encounters and events, involving a range of emotions.

*Take a look.*

Our lives are quite diverse, too.

*Take a look.*

What fills your life right now?

*Maybe you want to take a moment and write something down about your life – there's a pen and paper for you.*

God the Father says to Jesus Christ His Son:

„Look, this is my beloved son, with whom I'm well pleased.“ (Matthew 3:17)

*From the first day of your being, God the Father, says to you:  
You are my beloved child. (Jeremiah 31:3)*

## JESUS' PATH OF DEVOTION – OUR PATH OF DEVOTION

Just a moment ago, Jesus had the fullness of life – celebrated as the new King in Jerusalem – but then, a moment later - a tough and stony path begins for Jesus.

Sometimes, we have to walk a tough and stony path in life.

*We invite you to walk this Path with Jesus. In between, there are opportunities to meditate, remember, connect with your own experiences (the grey stones)*

*Let's start with the **Last Supper**.*

Bread and Wine –

Jesus' last meal with his disciples – to strengthen them all, to strengthen him – especially for what is to come.

Bread and Wine -

a sign for us of our deep connection with Jesus and as a source of strength for our path: **You are not alone.**

*Look at the grey stones, turn them, meditate on them.*

### DARK AND NARROW

At the end of his path, he had to face death and then experienced his resurrection – all through steadfast trust in his Father. Jesus took this path out of love for us. Innocent, he took upon himself all the pain, sorrows and torture and died on the cross. And he was resurrected. Sometimes, we have to go through dark and difficult times, times of grief, goodbyes or sin.

Sometimes we have to walk a dark and narrow path...

Into a new, wider field

Into freedom

Into joy

Into God's unconditional love

Into forgiveness

Into trust

Into relationships and community

Into...

Into eternal life.

## UNLOAD

*On our path through the dark and narrow – there are things we would like to get rid off, unload the burdens on our shoulders. There's time to write those burdens down on a piece of paper and place it under the cross.*

Abandoned by his disciples, He even felt abandoned by God, Jesus mourned: "My God, my God, why have you forsaken me?" (Psalm 22:2)

*Maybe you are mourning? Maybe something is heavy on your heart? You are invited to write it down or tell your Heavenly Father what's deep inside you. He's listening. You can mourn with Jesus: My God, my God, why have you forsaken me?*

His promise stands: I AM WITH YOU.

## SEE, I'M DOING A NEW THING

Jesus always talked about his relationship with his Father and said: The Father and I are one.

At all times, he found rest in the arms of God and talked to him like we talk to a beloved father.  
(John 10,30)

We are invited to come and remember or discover for the first time:  
**God loves me unconditionally.**  
**I am his beloved child.**

*We invite you to remember and take a stand – a stand on his promise:*  
**I AM with you.**  
**I WAS with you.**  
**I WILL BE with you.**  
**I will be with you – FOREVER and for eternity.**